

# Destination Toolkit - Kirklees

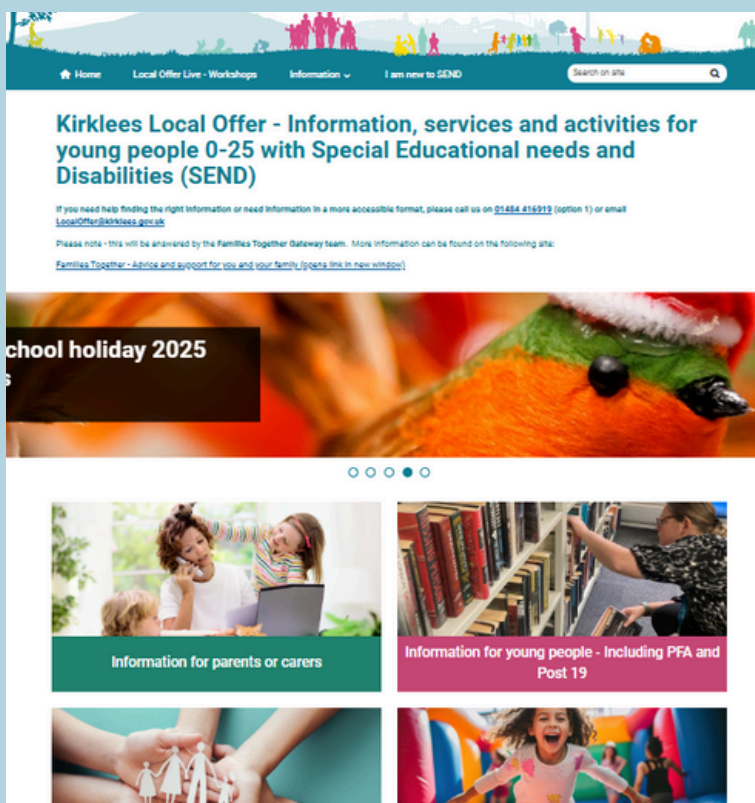
This toolkit contains information about:

- The Local Offer and how to find information and advice
- JobCentre and the Disability Employment Adviser
- Employment support services
- Housing and independent living support
- Careers Advice and Guidance

How to use this toolkit:

- Follow links and QR codes to get to the websites
- Get in touch with the support services by phone or email
- If you need information or advice from Camphill Wakefield, contact the Careers Team

The Local Offer website looks like this:



You can also use this QR code to find the website using your mobile phone

# Employment and volunteering

The Jobcentre+ team can support you with work, and can advise you about your benefits and finances.

0800 169 0190



REAL Employment can support you to find and get work. Their team can be contacted directly:

01484 221581



Get Volunteering UK website has volunteering options in your area. Use your postcode to search for volunteering roles near you



The Do It UK website has volunteering options in your area.

Use your postcode to search for volunteering roles near you



## Activities and Day Services

MENCAP More2Do offers day activities for younger adults with learning disabilities and Autism

01484 340811



MENCAP Day Activities and Centres offer a range of activities in Huddersfield. Contact the team at Waverley Hall for more information:

01484 340844



MENCAP Evening Social Clubs provide a range of activities throughout the week as part of the More2Do activities.



The Waves Group offer Day Activities, Community Access, Work placements and a shop in Slaithwaite:

01484 769734



## Activities and Day Services

Growing Works allotments offer gardening and social activities. They are based on Wakefield road. You can speak to their project manager, Rachel on:  
07845415289



MENCAP Day Activities and Centres offer a range of activities in Huddersfield. Contact the team at Waverley Hall for more information:  
01484 340844



Streetbikes Mixed Ability Cycling run activities in safe spaces and traffic free settings



Huddersfield Giants Community Trust have adult disability sport sessions and other activities available  
01484 442 235



# Independent living and respite

MENCAP Supported Living provide support for adults to live independently, in supported living, or in a share house.



MENCAP also run 2 Residential Homes in Huddersfield with support available to all residents based on their needs.  
01484 340844



Acorn Houses provide a supportive living setting for adults with learning disabilities, autism or other vulnerabilities.  
07525 185 515



Shared Lives in Kirklees provides long and short term respite where you can live with your carers in their home or go for short respite breaks



# Health, wellbeing and finances

Better Off Kirklees can show you the benefits you can have and how to apply for them. They can also help you find and apply for a job.



Calderdale and Kirklees Recovery College offer health and wellbeing, and development courses.



Easyhealth is an online resource centre for easy-ready health information.

You can find out about common health conditions and use their easy-read resource library.



## My Annual Health Check

This resource shows you how to book an annual health check at your medical centre and what will happen during and after your health check.

